

We opened in our Phase 1 on July 6 for our competitive team athletes only, and we have to say that even though our guidelines are pretty strict, we are happy to see all these smiling faces back in the gym. Although the COVID-19 situation is still rapidly changing, these rules and policies could change, and we will keep you updated on any new information. The below information is for our recreational class opening. If you have any questions or concerns, please feel free to email Marisa (Operations Director) at mrtodds-gymnastics@gmail.com. We can't wait to have you back

- MTG's phases of opening:
Completed on July 6: Phase 1 will be bringing in team athletes with strict numbers. Levels were scattered throughout the day (we will not have over 20 people in the gym including staff for July)
- Phase 2 some recreational classes - August 17th start date; September 12th end date: a total of 4 weeks long to finish Session 4, which was the session we were in before our closure. (Advanced Tumblin' Tots, Tumblin' Kids, All Level 1-2, Boys Beginner & Intermediate, Intermediate Advanced Level 3, Advanced Level 4, Tumbling Classes, Adult Classes, and Freestyle). We will run on a NEW schedule to adhere to social distancing guidelines. We will be calling everyone personally for your class day and time. We will also have a staggered class start and end times to reduce potential crowding. Please make sure that you drop off and pick up your child ON TIME.
- If your child was enrolled in our Born-to-Tumble and Tumblin' Tots, you will receive a four-class credit on your account at the gym. Once you feel comfortable bringing your little ones back in, please let us know, and we can use this credit towards a future session. This credit will remain on your account until September of 2022. We are not holding any Born-to-Tumble or Tumblin' Tots classes until our Fall session.
- Phase three: Fall classes resume (schedule should be available by August 19)
- Summer Day Program: We will unfortunately not be running this program.

MTG Safety Protocols

The gym's new safety protocols and your role in maintaining safety guidelines for yourself and others, including:

- Ensuring your child and immediate household members are free from illness before coming to the gym (when in doubt, stay home!) If any person in your family has been exposed to COVID-19 within 14 days, stay home!
- Students should arrive dressed and ready for class. We are trying to reduce traffic in the bathrooms and all communal areas of the gym. Please make sure they arrive with a water bottle (clearly marked with their name). Water fountains and beverage machines will no longer be available, so please make sure they come with enough water for their class time. We will **NOT BE SAVING** any water bottles during this time, so please make sure your child has their water bottle when they come out of class, or, unfortunately, it will be discarded.
- If your child is ten minutes late to class, they will unfortunately not be able to participate. Since we have all of these strict guidelines and we still need to social distance, we can't accommodate children arriving late to class.

- Please speak to your children about keeping a 6-foot distance. We will discuss cleaning equipment and other gym rules with the athletes upon returning to the gym. I know that the gym will be the first place some of these gymnasts have seen each other since March, and they will all be very excited. Please discuss with your children that they should not be giving hugs or high fives to their friends. I understand this is going to be a difficult task like it is for all of us.
 - We have teamed up with On Target Sanitizing Solutions in addition to our own disinfection and sanitation procedures.
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Arriving & Leaving MTG

When you arrive at MTG (please follow these guidelines so the process is smooth). We will have a tent in the parking lot outside the gym.

- Please ensure one parent or family member (over 18 years of age) per household accompanies the athlete to the tent. This tent will be used for **dropping off and picking up your child**. During this time, a staff member will conduct a temperature check on your child, and you will be required to fill out a health screening form for them and a new MTG waiver. If you are entering the facility, you will also be required for a temperature check and health screening. If you are able, please bring your writing device. If you do not have one, we will provide for you, but ask that you take it with you or place it in our dirty pen container.
 - If you need to enter the facility main entry double doors will remain our doors for entry into the facility and the blue door in the viewing area will now be the exit door.
 - We ask that when you drop off and pick up your child, you do not socialize in the building (if you need to enter). Another staff member will meet at the tent and bring your child into the facility to their first physical-distanced station (athlete & guardian (if entering) must enter the facility with a mask or facial covering). Everyone must use hand sanitizer (will be provided) before entering.
 - Once arriving at their first physical-distanced station, the athlete can remove the mask or facial covering and place it into a paper bag (a lunch bag or Ziploc bag). Please make sure their name is marked on the bag, and they can keep it isolated with them throughout the class. The mask or facial coverings should be reapplied while using other areas of the facility (i.e., bathrooms). Please speak with your child to try and avoid touching their face as much as possible.
 - When your athlete is dismissed from class: Our staff will bring your child outside to the dismissal tent. This will cut down on the traffic inside the gym and make it safe for your families and our staff.
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MTG Guidelines

These guidelines are subject to change, and you will be notified of any changes:

1. We HAVE to adhere to social distancing guidelines. Although this will be a little challenging, I believe we will be able to adapt to these guidelines in the beginning. We will place markers on floor areas for warm-up, stations will be 6ft apart. If stations are

unable to be 6ft apart, your child will have to put their mask on for a brief period. Please know that we WILL DO everything we can to have all stations physically distanced. EVERYTHING we do will be to PROTECT your child and your family.

2. All children will be asked to hand sanitize before every event or station; we will have hand sanitizers scattered throughout the gym. On Target Sanitizing Solution products leave on contact surfaces sanitized for 14 days. We will still be wiping down equipment in between each rotation. We will not be able to accommodate any make-ups until further notice.
3. We ask that if you NEED to stay during your child's class, we need to ensure that social distancing protocols are maintained. Because of this, we will only be allowing one parent/family member per household in the facility during your child's class.
4. If you are wondering about spotting: Athlete safety is paramount, and coaches should not be restricted from spotting an athlete if necessary, to protect the athlete from injury. While spotting remains an essential element to athlete safety, we will consider alternative teaching/coaching methods that align with social distancing protocols. We have implemented a daily staff health screening. They will be required to fill out a health screening and will have their temperature taken. Staff members will have masks or facial coverings on at all times.
5. All office staff will use masks or facial coverings and possibly the use of gloves. If you need to make a payment, we ask to do so over the phone, but if you need to make payment in person, we have safety guidelines in place. If paying cash: please bring exact change. If you don't have exact change, a credit will be placed on your account. WE will NOT be giving back any change. Windows open to help customers: the main window as soon as you walk in and window by office door now will be a customer window. Both windows will be leaving the glass slider door almost closed during communication to protect our staff and yourself. Once you need to make a payment, the staff member will then slightly open the window more to retrieve payment.
6. All vending machines and coffee station will remain CLOSED until we feel comfortable opening them.

Out of respect for other families, coaches, and staff if anyone in your household has been in contact with someone who has tested positive, we would hope:

1. That you would take necessary precautions to protect others
2. Inform MTG management so we can put a plan in place.

We know this is a lot of information as I said things could change, be added, or lighten up a little during our next phases of opening.

Best Wishes,

Marisa & Todd